

ACIH Annual Membership Meeting December 3, 2020

Academic Collaborative for Integrative Health

Welcome



JoAnn Yanez, ND, MPH, CAE

ACIH Board Chair

Academic Collaborative for Integrative Health

Alyssa Wostrel, MBA, Former ACIH ED

September 2020 Joined IAYT as their new Executive Director



Thank you Alyssa!

Academic Collaborative for Integrative Health

Welcome new ACIH Interim Executive Director Beth Rosenthal, PhD, MBA, MPH



- ❖ Beth will serve as Interim Executive Director from September 23, 2020 - March 12, 2021
- ❖ Beth has been with the Collaborative for more than 13 years. She has been responsible for the working groups since their inception (2007).
- ❖ More than 40 working [group presentation](#) recordings are posted on the ACIH website, and Beth has co-authored 9 of the [publications](#) listed on ACIH website.

Academic Collaborative for Integrative Health






Gratitude

Academic Collaborative for Integrative Health

Board

- ❖ JoAnn Yanez, ND, MPH, CAE, Chair
- ❖ David O'Bryon, JD, CAE, Immediate Past Chair
- ❖ Dale Healey, DC, PhD, Vice Chair
- ❖ Stanley Dawson, DC, LMBT, Treasurer
- ❖ Steffany Moonaz, PhD, Secretary
- ❖ Stacy Gomes, EdD, MA Ed, Executive Committee Member-At-Large
- ❖ Karen Bobak, DC, EdD
- ❖ Gina Gerboth, MSM, MPH, RM, CPM, IBCLC
- ❖ Liza Goldblatt, PhD, MPA/HA
- ❖ Christa Louise, MS, PhD
- ❖ Iman Majd MD, MS, EAMP/Lac
- ❖ Mark McKenzie, LAc, MsOM
- ❖ Norman Ouzts, Jr., DC
- ❖ Joni Olehausen, ND
- ❖ Pamela Snider, ND

Staff

-  Beth Rosenthal, PhD, MBA, MPH, Interim Executive Director
-  Deb Hill, MS, Working Group Manager
-  Ruth Mbugua, Virtual Assistant

**Thank you
ACIH Board
members and
Staff**

Academic Collaborative for Integrative Health

Thank you to our 2020 donors

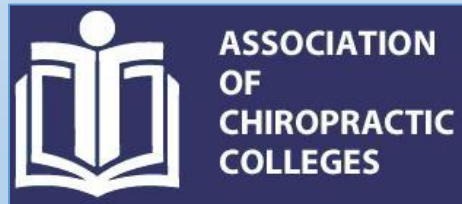
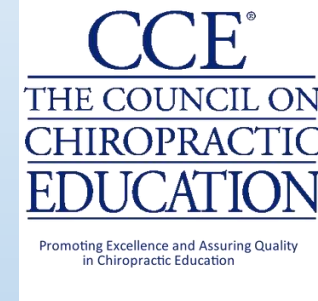
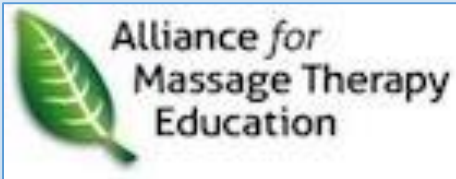
- George Family Foundation – NAM Global Forum multiyear grant
- NCMIC Foundation – Match to George Foundation grant
- Leo S. Guthman Foundation – Multiple grants in support of both Special Projects and Operations
- AACIPM/Lovell Foundation funding Integrative Health Sector Coordinator Position
- Southern California University of Health Sciences – physical office space/resources on campus



Collaborative Membership

POLL

Academic Collaborative for Integrative Health



Academic Collaborative for Integrative Health

TWM and Emerging Professions

- Accreditation Commission for Homeopathic Education in North America (ACHENA)
- American Organization for Bodywork Therapies of Asia (AOBTA)
- Council for Homeopathic Certification (CHC)
- International Association of Yoga Therapists (IAYT)
- International Somatic Movement Education and Therapy Association (ISMETA)
- National Ayurvedic Medical Association (NAMA)



Academic Collaborative for Integrative Health

- Southern CA University of Health Sciences
- Bastyr University
- Canadian College of Naturopathic Medicine
- Canadian Memorial Chiropractic College
- Cleveland Chiropractic College
- Emperor's College of Traditional Oriental Medicine
- Life University
- Logan University
- Maryland University of Integrative Health
- National University of Health Sciences
- Northwestern Health Sciences University
- NY Chiropractic College
- Oregon College of Oriental Medicine
- Palmer College of Chiropractic
- University of Western States
- University of Bridgeport
- Centerpoint Massage & Shiatsu Therapy School
- Five Branches University
- Pacific College of Oriental Medicine
- Academy for Five Element Acupuncture
- American College of Traditional Chinese Medicine
- Anoka-Ramsey Community College
- AOMA Grad School of Integrative Medicine
- Boucher Institute of Naturopathic Medicine
- Cayce/Reilly School of Massotherapy
- Colorado School of Traditional Chinese Medicine
- Midwives College of Utah
- Parker University
- Southwest College of Naturopathic Medicine
- Tri-State College of Acupuncture
- Wongu University of Oriental Medicine
- Yo San University of Traditional Chinese Medicine

Academic Collaborative for Integrative Health

Associate Members

- Lucy Gonda
- Ruth Westreich
- Academy of Integrative Health and Medicine
- Carolyn Tague
- American Dance Therapy Association
- American Massage Therapy Association
- Association Québécoise des Thérapeutes Naturels
- Aurora Health Care
- Society for Oncology Massage
- UCLArts and Healing
- Alyssa Wostrel
- Beth Rosenthal
- Stanley Dawson
- Tara DeMarco
- Elizabeth Goldblatt
- Dale Healey
- Cheryl Johnson
- Bill Meeker
- Marybeth Missenda
- Cynthia Price
- John Weeks
- Claudia Citkovitz
- Christine Green
- Ann Blair Kennedy
- Daniel Lappin
- Brenda Loew
- Diane Mastnardo
- Elizabeth Nugent
- Jennifer Olejownik
- Emily Sablosky
- Susan Salvo
- Kory Ward-Cook
- Marybeth Weinstock
- Kimberly Whittle
- Michael Wiles

Benefits to Members

- Unique academic membership
- Collaborator newsletter (1200 # circulation)
- IPE Vision/Mission
- Strategic Alliances
- Working Groups
- NAM Global Forum
- Unified Responses among Members
- Organized Professional Voice

ACIH 2020
Year in Review

Academic Collaborative for Integrative Health

***Congratulations* to John Weeks, JACM Editor-in-Chief and past ACIH (then ACCAHC) Executive Director**



John Weeks

John Weeks received the 2020 Leadership Award from the Integrative Healthcare Symposium (IHS).

The award is to honor and acknowledge Weeks' many accomplishments over the course of his 36-year career as an organizer, chronicler, executive, columnist, and editor in the field of integrative health and medicine.

NAM GLOBAL FORUM, IPE AND COVID

- ✓ RESOURCES
- ✓ WORKSHOPS
- ✓ ENGAGEMENT



Liza Goldblatt, PhD, MPA/HA
Founding ACIH Board Member



David O'Bryon JD
Immediate Past ACIH Chair

Academic Collaborative for Integrative Health

National Academy of Medicine Global Forum for Innovations in Health Professional Education

- ✓ We are going into our 11th year as a member of the Global Forum.
- ✓ Liza Goldblatt and David O'Bryon are ACIH's representatives to the NAM Global Forum
- ✓ Our membership of the NAM Global Forum in 2020 and into 2021 is made possible by a generous grant from the George Family Foundation, the NCMIC Foundation and the Leo S. Guthman Foundation.



Academic Collaborative for Integrative Health

- ✓ The Collaborative's involvement with the Global Forum provides us with the platform to continually educate the 37+ health professional organizational representatives who attend these meetings, about who we are and how we contribute to building resilience, health and well-being.
- ✓ The Global Forum workshops and publications are free to download [here](#).

Global Forum – two major workshops a year

Due to COVID-19, the two workshops and GF members meetings were/are being held virtually:

1. “Health Professions Faculty for the Future: A Workshop”
August 11, 2020.
2. “Learning from a Global Response to the COVID-19
Pandemic: an Interprofessional prospective on Health
Professional Education” December 3, 2020

Academic Collaborative for Integrative Health

NAM Global Forum for Innovations in Health Professional Education Current areas of focus

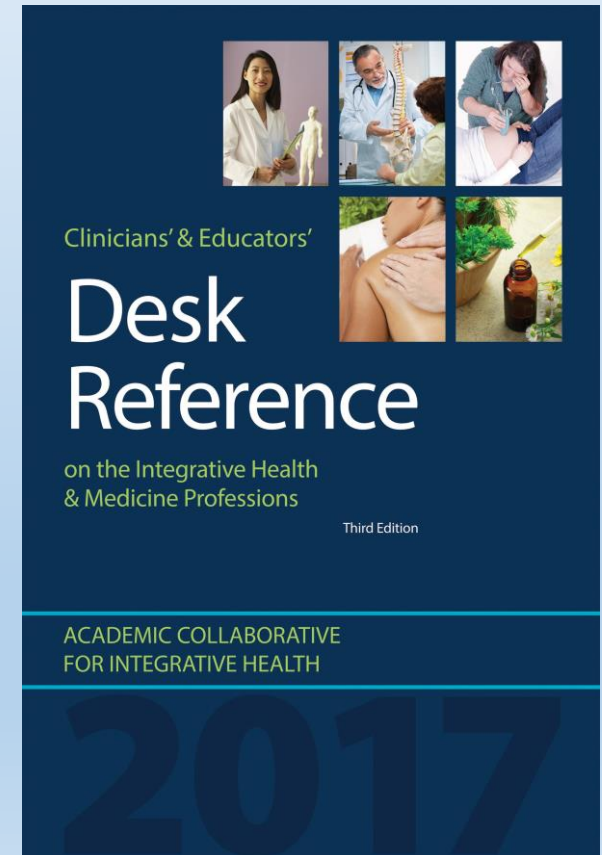
- Faculty Development in this new era of healthcare
- The Patient Perspective in a time of COVID-19 - unique challenges facing health professionals and family members of those with COVID-19*
- Lessons Learned from the COVID-19 Pandemic
- Best Models for Interprofessional Education and Collaborative Practice for the Treatment of Pain (courses and clinics) *

*ACIH representative, Dr. Liza Goldblatt, is working on these two GF projects

Academic Collaborative for Integrative Health

Third Edition of the Clinicians' and Educators' Desk Reference on the Integrative Health & Medicine Professions

- ✓ The Clinicians' and Educators' Desk Reference (CEDR) is available in print and in Epub and Kindle formats.
- ✓ To learn more about the book, please go to:
<https://integrativehealth.org/desk-reference-integrative-health-professions/>



POLL

ACIH Working Groups

Beth Rosenthal

Deb Hill



ACIH Working Groups

❖ Membership

<https://integrativehealth.org/about-working-groups>

❖ Activity Highlights

❖ Project & Presentation Highlights



Photo by Glenn Carstens-Peters on Unsplash

Academic Collaborative for Integrative Health



Pat



Marcia



Prasad



MK



Steve



Barbara

CWIG



Nancy



Iman



Sunny



Joni

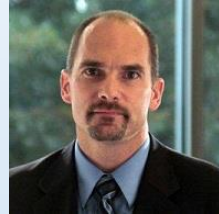


Michele



Mitchell

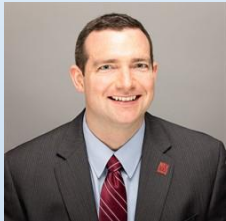
Academic Collaborative for Integrative Health



Dale



Beth



Christopher



Stacy



Kathleen



Jennifer J



Gena



Diane

EWG



Jennifer O



Paul



Garrett

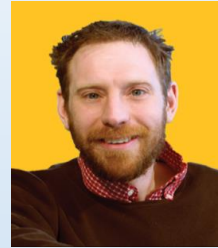


Mike

Academic Collaborative for Integrative Health



Beau



Kieran

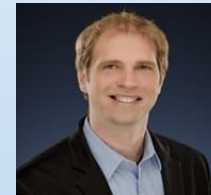


Claudia



Courtney

RWG



John F.



Anu



Bill



Steffany



Niki



Cynthia



Jennifer



Lisa



John W.



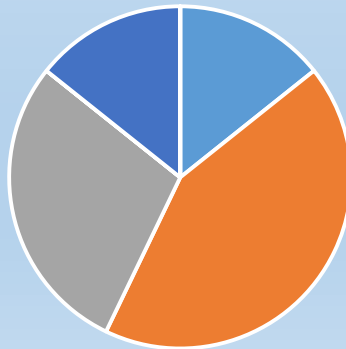
Jim

WG Composition

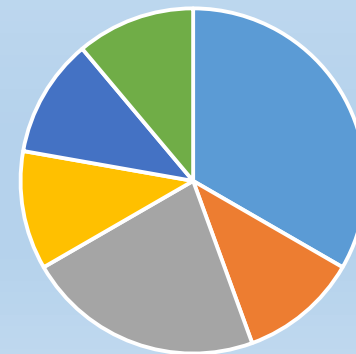
EWG



CWG



RWG



■ AOM ■ DC ■ MT ■ DEM ■ ND ■ TWM/EP

■ AOM ■ DC ■ MT ■ DEM ■ ND ■ TWM/EP

■ AOM ■ DC ■ MT ■ DEM ■ ND ■ TWM/EP

Academic Collaborative for Integrative Health

Working Group **Activities & Projects**



Academic Collaborative for Integrative Health

ACIH response to NCCIH Strategic Plan

Full response is [here](#) on the ACIH website

Task Force Members: Belinda (Beau) Anderson LAc, PhD, **Elisa Cotroneo**, RSME/T, **Stanley Dawson**, DC, LMBT, **Christa Louise**, MS, PhD, **William C. Meeker**, DC, MPH, **Niki Munk** PhD, LMT, **Elisabeth Osgood-Campbell**, MA, EdM, RSME **Lisa Taylor-Swanson**, MAcOM, PhD, **John Weeks**



Beau (RWG)



Bill (RWG)



Elisa (ISMETA)



Elisabeth (ISMETA)



John (RWG)



Lisa (RWG)



Niki (RWG)



Stan (ACIH treasurer)

Academic Collaborative for Integrative Health

WG Charter → Goals

Diane Mastnardo, BS, LM; **Mike** Wiles, DC, Med, MS;
Steve Cina, LAc



Diane (EWG)



Mike (EWG)



Steve (CWG)

Academic Collaborative for Integrative Health

Integrative Practice Webinars Project

Increase understanding about integrative practice



Academic Collaborative for Integrative Health

Integrative Practice Webinars Project Team:
Mitchel Zeifman, BSc, ND (lead); Marcia Prenguber, ND; Beth Howlett, DAOM, LAc; Sunny Nilchavee, DC; Paul Ratté, ND; Stephen Cina, LAc; Patrick Battaglia, DC



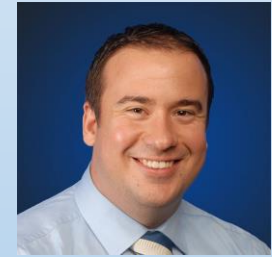
Beth



Marcia



Mitchell



Pat



Paul



Steve



Sunny

9 Webinars since Nov 2016

Presentations can be found at:

<https://integrativehealth.org/working-group-presentations>

Academic Collaborative for Integrative Health

Scoping Review of Integrative Health and Medicine for under-resourced populations

Project members: **Jennifer Rioux**, PhD, AD (Ayurvedic Doctor), C-IAYT (lead); **Kieran Cooley** BSc, ND; **Diane Mastnardo**, BS, LMT; **Niki Munk** PhD, LMT; **Lisa Taylor-Swanson**, PhD, MAcOM, LAc, **Rachel Hinrichs** MS, MSLS



Jennifer



Kieran



Diane



Niki



Lisa



Rachel

Academic Collaborative for Integrative Health

This team took the third place Research Award for their poster presented at the Academy for Integrative Health and Medicine Annual Conference in Oct. 2020!

Link to their award winning poster and video presentation is [here](#)

Results of a Scoping Review of Integrative Medicine Interventions in Under-resourced Populations in the United States

Jennifer Rioux¹; Niki Munk^{2,3}; Kieran Cooley^{3,4,5,6}; Rachel Hinrichs²; Lisa Taylor-Swanson⁷; Diane Mastnardo⁸

¹ AYTI; ² University of Indiana School of Health & Human Sciences-IUPI; ³ Australian Research Centre in Complementary & Integrative Medicine; ⁴ Canadian College of Naturopathic Medicine; ⁵ Pacific College of Health Sciences; ⁶ National Centre for Naturopathic Medicine, Southern Cross University; ⁷ College of Nursing, University of Utah; ⁸ Massage of Northern Ohio Practice-Based Research Network

Introduction

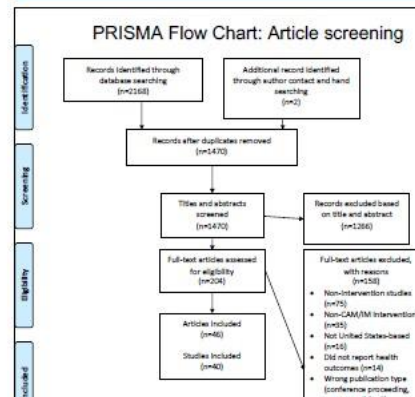
The Academic Collaborative for Integrative Health (ACIH) supports activities and projects in education, clinical care, research and policy that are transforming our health care system into one that creates health and well-being.

One core value expressed by ACIH is "...equitable access to patient-centered integrative care without regard to race, gender, identity, socio-economic status, sexual orientation or religion."

Although integrative care is widely recognized as providing value to patients, especially those facing disparities and poor access to either resources or services, the extent to which this has been captured by scientific inquiry and thus represented in the medical literature is indistinct. This gap may be hampering healthcare delivery, or policy decisions due to ambiguity and an imprecise mapping of the evidence.

In order to address this issue, our objective was to summarize and critically appraise the available evidence on Integrative Medicine (IM) practices in under-resourced US populations and summarize data on outcomes.

Results



Risk of bias

Overall MMAT scores were moderate, reflecting relatively low risk of bias across the population of studies included. Where bias was identified, it was largely consistent with study design features commonly understood to be difficult for IM interventions such as participant blinding to the intervention. Many studies did not mention use of reporting guidelines (e.g. CONSORT) which may reflect year of publication pre-dating these guidelines or a lack of established reporting

Discussion

46 articles through early 2020 were identified and included. 40 unique research projects and 6 research projects had 2 to 3 papers. Findings demonstrate that research in low-under-resourced populations should explore all social precursors of disease and a cascade effect, in which co-occurring vulnerabilities create fertile soil for both chronic and acute conditions. Data show relationships between social precursors and poor diet, lifestyle and habits that exacerbate poor mental health and substance use, contributing to lower overall quality of life. Structural inequalities, discrimination and lack of social support play major roles in the health status of the populations studied.

Conclusion

Data show that IM interventions are being implemented in 2 populations of interest with specific foci: 1) Magnifying prevention and risk reduction strengths of IM paradigms for youth, and 2) Targeted treatment of lifestyle-related chronic conditions in adults >= 45

Bridging the Research Gap Between Educational Institutions

Project members: *IRB TEAM* - Christopher Arick, DC, MS, EdD; Courtney Everson, PhD; Steffany Moonaz, PhD; Niki Munk PhD, LMT

Dale Healey, DC, PhD; Dawn Hogue, MA, CMT; Beth Howlett, MAcOM, LAc; Gena Kadar, DC, MS, MEdL, CNS; Peter Szucs MA, LMT; Garrett Thompson, DC, PhD; Mike Wiles, DC, MEd; RWG: Beau Anderson LAc, PhD; Kieran Cooley BSc, ND



Beau



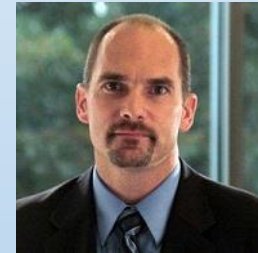
Beth



Chris



Courtney



Dale



Dawn



Garrett



Gena



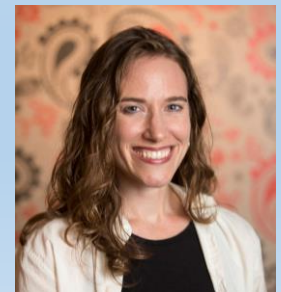
Kieran



Mike



Niki



Steffany

Bridging the Research Gap Between Educational Institutions

Connect: ACIH discipline schools with researchers from conventional academic health centers in order to enhance the quantity and quality of collaborative and ACIH discipline research.

Team is in process of re-submitting IRB

Academic Collaborative for Integrative Health

Dissemination project team creating dissemination process and ideas for campaigns

Dissemination Project members:

Garrett Thompson, DC, PhD (lead); Beth Howlett, DAOM, LAc; Gena Kadar, DC; Kathleen Greenough, DACM



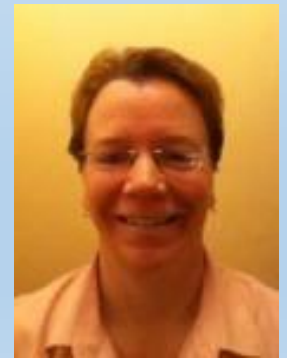
Garrett



Beth



Gena



Kathleen

Academic Collaborative for Integrative Health

WG Collaboration Survey Project IPC Experiences, Resources, Opportunities

WG Collaboration Survey Project members:

**Beth Howlett, DAOM, LAc, Marcia Prenguber, ND,
Michele Renee, DC, MAc, Barbara Mansholt, DC, MS,
Diane Mastnardo, BS, LMT**



Beth



Marcia



Michele



Barbara



Diane



WG Collaboration Survey Project

Surveyed ACIH WG members following joint WG presentation about follow-up to NAM Non-Pharmacologic Approaches to Pain Management event.

- leverage our resources, successes, existing partnerships;
- build bridges to generate research, inform policy;
- create educational opportunities and advance implementation of IPE/C activities.

Academic Collaborative for Integrative Health

ACIH Directory of Researchers

Facilitate collaborative research by providing a directory of who the key players are and their areas of interest and expertise, so that researchers can more easily find each other and make collaborative grant submissions. Using **ResearchGate** platform, which has been described as "Facebook for researchers."

Project members: James Whedon, DC, MS; Kieran Cooley, BSc, ND; John S. Finnell, ND, MPH, LAc; Courtney Everson, PhD.



Courtney



Kieran



Jim



John

Academic Collaborative for Integrative Health

Presented at the 2019 AIHM conference and accepted for presentation at the 2020 International Congress on Integrative Medicine and Health (ICIMH).

Full Poster [here](#) on the ACIH website

A Tool to Facilitate Collaborative Research among the Integrative Health and Medicine Professions

James Whedon¹; Kieran Cooley²; Courtney Everson³; John Finnell⁴; Beth Rosenthal⁵

¹ Southern California University of Health Sciences; ² Canadian College of Naturopathic Medicine

³ Colorado State University; ⁴ South Texas Veterans Health System; ⁵ Academic Collaborative for Integrative Health

Introduction

The Academic Collaborative for Integrative Health (ACIH) supports activities and projects in education, clinical care, research and policy that are transforming our health care system into one that creates health and well-being. The Research Working Group (RWG) of ACIH investigated the creation of a directory of researchers that will facilitate collaboration in integrative health research by identifying individual researchers and institutions by their areas of interest and expertise. With development of such a research directory, researchers could more easily find each other and join together with the shared goals of catalyzing awareness, networking, and collaborating on grant applications and research projects.

Objectives

Our objective was to develop an online directory intended to Facilitate Collaborative Research among the Integrative Health and Medicine Professions.

Approach

RWG members explored the development of an online research directory through a series of emails and teleconferences. We began by defining the key elements of an effective and user-friendly online research directory, such as accessibility and visibility. We discussed how the data would be monitored, and reviewed the pros and cons of developing our own platform, establishing a website-

Results

The Integrative Health Researcher Network Project is now online on *ResearchGate*:

<https://www.researchgate.net/project/The-Academic-Collaborative-for-Integrative-Health-Researcher-Network-Project>

The screenshot shows the ResearchGate project page. At the top, it says 'researchgate.net/project/The-Academic-Collaborative-for-Integrative-Health-Researcher-Network-Project'. Below that is a navigation bar with 'Home', 'Questions', 'Jobs', 'Funding', and 'New'. A search bar contains the text 'Search for researchers, publications, and more'. The main content area features the project title 'The Academic Collaborative for Integrative Health Researcher Network Project' with a 'Project' tag. It lists collaborators: Kieran Cooley, Beth Rosenthal, and James M Whedon, with a link to 'Show all 15 collaborators'. A goal statement reads: 'Goal: The goal of this Research Working Group project is to help identify and connect past, current and future researchers affiliated with the Academic Collaborative for Integrative Health (ACIH) https://integrativehealth.org/'. There are buttons for 'Show details', 'Updates', 'Recommendations', 'Followers', and 'Roads'. At the bottom, there are tabs for 'Overview', 'Project log', 'References (1)', and 'Questions', along with an 'Add research' button.

The Integrative Health Researcher Network Project is a featured project of the ACIH Lab on ResearchGate. Researchers who wish to take advantage of this networking opportunity must first join ResearchGate and then join as a member of the ACIH Health Researcher Network Project (HRNP). The HRNP thus serves as a hub for web-based networking with other like-minded researchers on ResearchGate.

The Integrative Health Researcher Network Project features research conducted by ACIH members:

Discussion

The Integrative Health Researcher Network Project, based in *ResearchGate*, serves as a directory where integrative health researchers can go to learn about each other's areas of interest and expertise, thus facilitating collaborative research. In addition to providing a platform for collaboration, the Directory may provide openings for ACIH members and members of other professional organizations to engage more intentionally. Metrics regarding readership, project collaboration and social networking will help evaluate the success of this initiative.

Conclusion

The ability to facilitate collaborative research among the integrative health and medicine professions has promising potential for advancing whole-person health and transforming health care systems

Disclosure

This paper developed from discussions among members of the Research Working Group of the Academic Collaborative for Integrative Health (ACIH). ACIH represents 18 national integrative health and medicine organizations, many universities, colleges and programs and has a wide variety of supporters and volunteers. ACIH strengthens understanding and cooperation among educators, researchers, and clinicians from distinct

Academic Collaborative for Integrative Health

If you are interested in joining an
ACIH Working Group,
please contact Deb Hill, MS
dhill@integrativehealth.org

Conferences and Collaborations

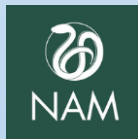


Academic Collaborative for Integrative Health

The Collaborative is engaged in projects and partnerships with many national organizations/initiatives, including:



- The Academy of Integrative Health and Medicine (AIHM)
- The Academic Consortium for Integrative Medicine and Health (ACIMH)
- NAM Global Forum
- Alliance to Advance Comprehensive Integrative Pain Management (AACIPM)
- IM4US
- Integrative Health Policy Consortium (IHPC)



Alliance to Advance Comprehensive Integrative Pain Management (AACIPM)



ACIH and AACIPM 2019-2020



**Amy Goldstein,
MSW**

Director
**Alliance to Advance
Comprehensive Integrative
Pain Management**



Alyssa Wostrel
*Integrative Health Sector
Coordinator*
**Alliance to Advance
Comprehensive Integrative
Pain Management**

#AACIPM

AACIPM is a Multi-Stakeholder Collaborative

Mission is to align and activate key stakeholders in shared interest to advance access to comprehensive integrative pain management

- People with Pain
- Payors
- Purchasers of Healthcare
- Healthcare Providers
- Healthcare Administrators
- Government Relations/Policy Experts
- Regulators
- Educators
- Researchers
- Students
- Patient/Caregiver Advocates
- Executive Branch Agencies

List can be seen at:

painmanagementalliance.org/engage/aacipm-participants/

#AACIPM

AACIPM Core Work = Increase Access to CIPM

Advancing a Paradigm Shift with Policy and Practice Change



- Address Equity Issues
- Symposium
- Connect the Dots
- Engage Stakeholders
- Coalesce Around CIPM



- Practical Examples
- Resources for
 - Patients
 - Providers
 - Payors
 - Policymakers



- Partnerships
- Purchaser Education
- Benefit Design Workgroup
- Business Case
- Incr. Access/Drive Utilization



painmanagementalliance.org

#AACIPM

AACIPM Symposia

- [May 2020](#): Innovation & Progress in Person-Centered Pain Management (950 registrations across multi-stakeholders)
- [September 2020](#): Equity in Access to CIPM, partnership with USPF
- [November 2020](#): Behavioral Health as Part of Comprehensive Pain Care & Payment Design, in partnership with APA and MBGH
- [Nov/Dec 2020](#): Promoting Inaugural Symposium hosted by: Canadian Chronic Pain Centre of Excellence in collaboration with the US-VA and US-DoD
- [Resources](#) for Payors, Providers, Researchers, People with Pain, etc.
- [Strategic](#) Policy, Communications & Public Awareness

What is Comprehensive Integrative Pain Management?

Focused on the whole person

Includes **biomedical, psychosocial, complementary & integrative health, spiritual care, and shared decision-making**

Moving from “What’s the matter with you?” to “What matters to you?”

More details:

painmanagementalliance.org/engage/what-is-cipm/

History of AACIPM:

painmanagementalliance.org/about-us/history/



#AACIPM

Academic Collaborative for Integrative Health



Thank you AIHM!

AIHM annual Conference 2020

- ✓ Virtual Exhibit Booth
- ✓ Complimentary registrations to ACIH Board and WG members

Please become a member of ACIH if you have not already joined!

- <https://integrativehealth.org/associate-members/>
- <https://integrativehealth.org/individual-colleges>

Academic Collaborative for Integrative Health

***Thank you for your interest and engagement
with ACIH!***

***Happy
Holidays***

