

ACADEMIC COLLABORATIVE FOR INTEGRATIVE HEALTH

The Collaborative

ACIH Collaborator #70

June 2018

A note from the Executive Director, Alyssa Wostrel MBA

As I write this, I've been in the Executive Director position with ACIH for just under three months, and I'm enjoying the immersion into the world of interprofessional education and collaborative practice while learning a great deal about both from our board members, working group and committee members, staff and allied organizations (Many thanks to ACIH's past Acting ED Liza Goldblatt PHD for a smooth transition!). I love the cutting edge place ACIH lives in which is expressed through our commitment to collaboration, and how that position promotes shared understanding, creation and synergy. This is evidenced by both the content of the recent [ACIH-led public workshop](#) at the National Academies Health and Medicine Division Global Forum and the super-engaged response to it by its global audience (both in-person and online.) More information and the link to this event follows in this newsletter and I encourage you to check it out. Very inspiring stuff!



It's also exciting to be writing this newsletter from our new office at the Southern California University of Health Sciences in Whittier, CA, where interprofessional education is intentionally woven into the curriculum and student experience on multiple levels. Feel free to contact me at awostrel@integrativehealth.org - whether you are interested in volunteering, connecting about our Working Groups or projects or membership in the Collaborative. Read on!!

Belinda Anderson Appointed to NIH National Advisory Council for Complementary and Integrative Health

ACIH, which represents 18 national organizations, is delighted to announce that **Belinda Anderson, PhD, LAc**, ACIH Research Working Group Co-Chair and long-time ACIH member, has just been appointed to the National Advisory Council for Complementary and Integrative Health (NIH NACCIH). ACIH nominated Beau for this position and we are delighted that Dr. Anderson is now on this Council. Congratulations Beau! She was formally approved by the Department of Health and Human Services (DHHS). The Office of Federal Advisory Committee Policy (OFACP)



office recently informed NCCIH that on January 24, 2018, the Acting Secretary, Eric D. Hargan from the Secretary of Health and Human Services informed NIH NCCIH that Dr. Anderson is formally approved to serve on this most important Council. ACIH's goal is to have one representative from each of our core disciplines either on this Council or as part of the NIH NCCIH staff. The Advisory Council now includes **Christine Goertz, DC, PhD, Patricia Herman, ND, PhD, Cynthia Price, LMT, PhD**, and now **Beau Anderson, LAc, PhD. Wendy Weber, ND, PhD, MPH**, is the NIH NCCIH Acting Deputy Director and **Partap Khalsa, DC, PhD**, is the Executive Secretary of the Advisory Council. We will continue to work on having a Direct-Entry Midwife on the Council as well.

ACIH Holds Annual Board Meeting in Baltimore



ACIH held its annual in-person board meeting in Baltimore, MD, May 6-7, 2018 just before the Consortium's International Congress. Holding our meeting at the same time as the Consortium provides us with the opportunity for our leadership teams to meet, to hear reports from the Consortium about its current and near-future activities and to share ours with the Consortium. The timing of the meeting also allows ACIH Board members and staff to attend the International Congress. We wish to thank the Consortium's leadership for providing us with a meeting space for this important two-day board meeting!

News From the Global Forum

The Academic Collaborative for Integrative Health had a very strong presence at the **National Academies Health and Medicine Division Global Forum on Innovations for Health Professional Education** 1.5-day public workshop held on April 26 -17, 2018. ACIH leaders took a major role at the

recent workshop. In addition to being on the planning committee, John Weeks, former ACIH ED and Liza Goldblatt, PhD, MPA/HA, ACIH Board member were successful in having Mary Jo Kreitzer, PhD, RN (Consortium leader) co-chair the planning committee, joined by Adi Haramati, PhD and Maryanna Klatt, PhD (both long-time Consortium leaders) all of whom presented during the workshop, which was entitled:

“A Systems Approach to Alleviating Work-induced Stress and Improving Health, Well-being, and Resilience of Health Professionals Within and Beyond Education.”

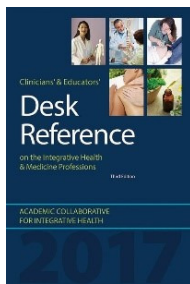


Dr. Goldblatt has been the ACIH representative to the Global forum since its inception in 2012. The April 2018 workshop was in many ways a culmination of some of our major work with the Global Forum during which we have focused on educating the 50+ national health professional organizational representatives about the disciplines we represent as well as how we contribute to building individual and organizational resilience, health and well-being.

Pinar Keskinocak, PhD, Georgia Institute of Technology, member of the April 2018 Global Forum Workshop Planning Committee stated that “the way we ‘educate’ (and I use the word “educate” rather than “teach”, as I view the former as more comprehensive, towards supporting the development of a whole person, versus the latter, which is often used in a limited/classroom context) the new generation of health professionals, we will likely need new thinking and approaches. It is important to acknowledge that the expectations of the new generation are quite different, in terms of how they learn and interact, and hence, we might need to adjust our portfolio of teaching/education approaches. Regardless of how we do it today, having a positive, collegial, supportive, mutually respectful, and inclusive environment is important. “



The Global Forum workshops and publications are [free to download](#). During this workshop, we circulated the *updated* ACIH's CEDR – the Clinician’s & Educators Desk Reference text, which describes each discipline that ACIH represents – to all Global Forum members.



The UPDATED Publication of Third Edition of the Clinicians’ and Educators’ Desk Reference on the Integrative Health & Medicine Professions is on our website at <https://integrativehealth.org/desk-reference-integrative-health-professions/> .

Print copies are available to order as well as a PDF version that is free to download.

Global Forum Planning New Workshop on Nonpharmacological Approach to Pain Management

The Global Forum is now planning a workshop entitled "Nonpharmacological Approaches to Pain Management" to be held in late fall 2018 – we will keep you posted on the dates, speakers and how to attend.

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For this workshop, the Global Forum will bring together key experts and stakeholders from government, academia, industry, health professional societies, and disease-focused organizations to discuss *nonpharmacological treatments and integrative health models for pain management, and their role within the broad landscape of approaches to pain management.*

We Have Moved!



In April 2018, ACIH moved its national office to Southern California University of Health Sciences. From our inception in 2004, the Executive Director worked virtually. For ACIH to create more sustainability and visibility, the Board, with input from staff, decided to move the office onto one of our member campuses in order to further our mission and vision. Housing at a university will bring benefits to both ACIH and the host university. We are pleased to inform you that this move is working out very well. We wish to thank **John Scaringe, DC, EdD**, SCUHS President and ACIH Board member for his tremendous support and passion about interprofessional education and collaborative practice.

ACIH Welcomes New Executive Director - Alyssa Wostrel, MBA

Alyssa comes to the Collaborative with extensive knowledge of the disciplines that the Collaborative represents, as well as strong leadership experience in both the non-profit and for-profit worlds. Her prior non-profit experience includes her service on multiple boards but as well as her post as Executive Director of the Integrative Health Policy Consortium (IHPC) from 2012-2016, a sister organization of the Collaborative. She was instrumental in developing, funding and launching IHPC's "CoverMyCare" campaign in support of the full implementation



of Section 2706, the Non-Discrimination Provision of the Affordable Care Act. During her tenure, IHPC successfully funded and launched its first publication, "Integrative Health and Medicine: Today's Answer to Affordable Healthcare" intended for policymakers, legislators and insurance executives.

Liza Goldblatt, the immediate past ACIH Acting ED and a founding member of ACIH, has returned to the ACIH Board and will stay involved in both the National Academies of Medicine's Global Forum as well as the Consortium/Collaborative project mentioned below.

Groundbreaking Collaborative/Consortium Course Moves Forward

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We are pleased to report another major milestone has been reached in this important project as we have created the **Leadership Team for the collaborative course ACIH is developing with the Academic Consortium for Integrative Medicine and Health (the 'Consortium')**. ACIH is currently working with the Consortium to create a 36-hour hybrid course that will focus on training faculty and practitioners in the ACIH disciplines to work in integrative conventional medical in and out-patient settings. In addition, this course will include a training component in IPE/CP for all the health professionals who work in the integrative medicine and health settings and there will be a module that focuses on the philosophies, education and scopes of practice of the disciplines ACIH represents. 30 hours will be online and six hours in person. The in-person component will be co-taught by Consortium and Collaborative faculty members. This project will offer tremendous benefit to all of our disciplines.

The Leadership team, which held its inaugural meeting in Baltimore this past May, consists of Consortium representatives Margaret Chesney, PhD, (Consortium past board chair), Maryanna Klatt, PhD, (Consortium Board member), Ray Teets, MD, (Former chair of the Consortium Education Working Group), founding ACIH board member Elizabeth Goldblatt, ACIH Board members Iman Mjad, MD, LAc and Bill Meeker, DC, MPH, and John Pan, MD (George Washington University/GWU). (Pictured below, in order listed). The 30 hour on-line portion will be housed at GWU.



Many thanks to Bill Egloff of Crane Herbs, and to NCCAOM for funding the development of the initial phase of this project. In addition, we are delighted to announce that ACIH very recently received an anonymous \$40,000 matching grant to go towards the first year of this project. We need to raise an

additional \$80,000 before the project can begin. If you have ideas for raising the funds, please let us know! We'll keep you posted on this project in future issues of the Collaborator Newsletter.

ACIH Working Group News from Beth Rosenthal, Director of Working Groups

ACIH has three Working Groups (WGs) to carry out projects and tasks aligned with and furthering ACIH mission: Research, Education, and Clinical Care. Members of WGs are researchers, educators, and clinical educators who are typically connected with schools affiliated with one of the ACIH disciplines. Our most recent WG webinar presentations/discussions are described below. For further information on the working groups please see our website www.integrativehealth.org or contact broenthal@integrativehealth.org.



Our Latest Working Group Webinars

Research literacy and the real world: Examples from Academic Institutions and Community Collaborations (March 2018)

Joint ACIH Education, Research and Clinical Working Group presentation and discussion. **Beth Howlett**, MAcOM, LAc (EWG co-chair), **Diane Mastnardo**, BS, LMT (EWG member), and **Candise Branum**, MLS (Director of Library Services, OCOM) shared their experiences and opportunities for collaboration, followed by Q&A and discussion. The presentation and discussion covered creating and sustaining research culture in the absence of funding; Research literacy and engaging students in research; Practice Based Research Networks (PBRN's); Resources and Opportunities for collaboration. The [slides are available here](#) and the approximately 45 minute recording is [available here](#).

Attitudes and knowledge regarding interprofessionalism among naturopathic students before and after a year of clinical internship education (April 2018)

Joint ACIH Research, Education and Clinical Working Group presentation and discussion. CCNM Research study with presenters Laura Tummon Simmons (Former Clinical Resident, The Canadian College of Naturopathic Medicine) and RWG member Kieran Cooley (Director, Research, The Canadian College of Naturopathic Medicine). The [slides are available here](#) and the approximately 30 minute [recording is available here](#).

Integrative Clinic Presentation and Discussion: The Ottawa Integrative Cancer Centre (June 2018)

Joint ACIH Clinical and Education Working Group presentation and discussion. **Dugald Seely, ND, MSc, FABNO**, Founder & Executive Director, Ottawa Integrative Cancer Centre spoke with us about his experiences in establishing the OICC, patient management strategies, and barriers and facilitators encountered. We opened this presentation up to non-WG members as well as WG members, and the entire audience greatly appreciated learning about the OICC and opportunity for Q&A discussion. The approximately 1 hour [recording is available here](#).

Hospital Based Massage Therapy Competencies



Working Group project work is usually done in smaller groups. One of these project groups has been working together for six years, and just completed development of Hospital Based Massage Therapy (HBMT) specific competencies. Project members are: Dale Healey, DC, PhD, Carolyn Tague, MA, CMT, MK Brennan RN, MS, LMBT, and Beth Rosenthal, MPH, MBA, PhD. HBMT specific competencies define what a massage therapist should know and be able to do to practice safely and effectively in a hospital setting. Please share these competencies with your colleagues! The HBMT Competencies project group displayed a poster at the ICIMH in Baltimore (see photo) and will be giving a presentation about the development of the HBMT competencies on September 23 at 11am at the Academy of Integrative Health & Medicine (AIHM) Conference in San Diego .

The HBMT competencies are designed to be useful to hospitals, massage therapists, and MT educators.

- *Does your hospital offer MT services?* HBMT specific competencies help with hiring, working with, and evaluating MT staff.
- *Do you practice in a HBMT environment?* HBMT specific competencies can serve as a tool to inform you of the skills needed to practice in the hospital environment and inform your scope of practice.
- *Do you provide MT education?*
HBMT specific competencies serve as guidelines for curriculum development and can provide topics for CE courses about working in a hospital environment.

Please share the HBMT competencies broadly and let us know how you are using them or how you envision using them in the future! We are tracking how and where the HBMT competencies are being used, and would greatly appreciate hearing about your experiences with them.

Here's the link to the page where the HBMT competencies can be found: <https://integrativehealth.org/publications/>

IHPC-promoted Integrative Health Congressional Caucus Kicks Off With Pain Briefing for Staffers

Reprinted with permission from [John Weeks, Publisher and Author of the Integrator Blog](#), March 20, 2018

THE INTEGRATOR BLOG

Editor's note: This analysis article is not edited and the authors are solely responsible for the content. The views and opinions expressed in this article are those of the authors and do not necessarily reflect the official policy or position of Integrative Practitioner.

"What's Missing from Medicine. Health."

So read the banner headline for a packed, standing room only Congressional Briefing on Thursday, March 15, 2018 in the Rayburn House Office Building in Washington, DC.

This was not a one-shot deal. The gathering celebrated the founding meeting of a new [Integrative Health and Wellness Congressional Caucus](#). The mission: "Amidst Opioid Crisis: New Caucus Will Focus on Integrative Health Solutions."



The Caucus is expected to serve as a non-partisan educational forum for legislators to learn from experts on best practices and new research while also identifying policy opportunities to bring integrative health solutions to the American people.

The session was organized by the [Integrative Health Policy Consortium \(IHPC\)](#) at the request of the Caucus' founding co-chairs, Colorado representatives [Jared Polis \(D\)](#) and [Mike Coffman \(R\)](#). IHPC is calling for all interested parties to [make calls to the members](#) of Congress to get them involved. **David O'Bryon, ACIH Chair** attended the event.

Recent Publications of Note

Courtney Everson, PhD, representing the Direct Entry-Midwifery educators recently published an article. 2018 Davis-Floyd, R., Matsuoka, E., Horan, H., Ruder, B., & Everson, C. Daughter of Time: The Postmodern Midwife. Ways of Knowing about Birth: Mothers, Midwives, Medicine, & Birth Activism. Robbie Davis-Floyd, Ed. Long Grove, IL: Waveland Press, Inc.



National Conferences of Interest

- **July 29-31, 2018** Nexus Summit 2018: www.nexusipe.org - Annual Summit, Minneapolis, Minnesota.

- **September 22-26, 2018** Academy of Integrative Health and Medicine (AIHM) annual conference, San Diego. www.aihm.org.



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