



# Academic Collaborative for Integrative Health

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## In This Issue

[ACIH Nominees Patricia Herman and Cynthia Price Chosen for NIH Advisory Council](#)

[Elevated Role for Health, Self-care, Wellbeing and Resilience - and ACIH! - at the Global Forum](#)

[ACIH at the International Congress for Integrative Medicine and Health: Events of Interest](#)

[National Center for Integrative Primary Healthcare \(NCIPH\) Publishes Competencies](#)

[Center for Optimal Integration PIHTA Site Includes Content on ND-Led and MD-Led Patient Centered Medical Homes](#)

[Welcome New ACIH Board Member: Stephanie Moonaz, PhD](#)

[News from ACIH Leaders and Partner Organizations](#)

[Opportunities, Announcements & Resources](#)

## ACIH Nominees Patricia Herman and Cynthia Price Chosen for NIH Advisory Council



Cynthia Price

In 2014, ACIH through the Research Working Group called attention to the very low number of members from ACIH professions on the Advisory Council to the NIH National Center for Complementary and Integrative Health. ACIH submitted CVs of 15 top-quality candidates. Congratulations to RWG members **Patricia Herman, ND, PhD** and **Cynthia Price, PhD, LMP**. They join

founding RWG co-chair **Christine Goertz, DC, PhD**. Unfortunately, with two departures -- Jane Guiltinan, ND and Scott Haldeman, DC, MD - this still leaves the ACIM fields with just 3/18 members, a far cry yet from the 9+/18 in the mandate.



Patricia Herman

Congratulations to each. This article offers more detail. [Two New Licensed Integrative Health Professionals Join NIH Council](#)

[Elevated Role for Health, Self-care, Wellbeing and Resilience - and ACIH! - at the Global Forum](#)

## Quick Links

[Home](#)  
[More About Us](#)  
[Contact Us](#)  
[Previous Issue](#)

## Featured Web Resource



PIHTA centers on assisting participants and decision-makers in the optimal use of the values, disciplines and practices of integrative health and medicine in meeting the goals of the Triple Aim. To find out more about our project, [click here](#)

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NATIONAL ACADEMY  
OF SCIENCES

The April 20-22 sessions at the [National Academy of Sciences of the Global Forum on Innovation in Health Professional Education](#) showed significantly more attention to the themes that the ACIH board prioritized for its now 4.5 years of work. ACIH's membership in the Forum, sponsored by the Health and Medicine Division (formerly the Institute of Medicine), is represented by the team of

executive director **Elizabeth A. Goldblatt, PhD, MPA/HA** and former executive director **John Weeks**.

The April gathering included significant informal and formal engagement with health, wellbeing, and resilience - some in the context of the significant stress, burnout and suicide concerns in health professional education, and practice. One topic was a potential workshop focusing on the topic that ACIH has proposed - and for which ACIH has secured financial support if the meeting can significantly include integrative health and medicine research, models, and education. A full report on the exciting meetings will follow within the month. **JoAnn Yanez, ND, MPH**, ACIH vice chair and executive director of the **Association of Accredited Naturopathic Medical Colleges** was present as was **Beth Pimentel, ND**, representing president's level member **Maryland University of Integrative Health**.

**Is Self-care and Wellbeing in ACIH Member Accreditation Guidelines?** As part of the preparation for the meeting, the ACIH team engaged a survey of accrediting agency document to see whether ACIH fields, and some others, included any reference to the importance of self-care. The findings were surprising. Shout out to the **Commission on Massage Therapy Accreditation** and **Council on Naturopathic Medical Education** for having some requirements. We have work to do to practice what we preach! For a copy of the summary of findings, please contact Renée: [rclugston@accahc.org](mailto:rclugston@accahc.org).

## ACIH at the International Congress for Integrative Medicine and Health: Events of Interest

ACIH is a partner organization for the May 17-20 International Congress for Integrative Medicine and Health in Las Vegas. The Congress is sponsored by our colleagues at the Academic Consortium. The ACIH Board will meet in Las Vegas in advance.

### Sunday, May 15

ACIH Executive Committee Meeting  
ACIH Board Dinner

### Monday, May 16

ACIH Board meeting

### Tuesday, May 17

- 09:00 - 12:00 "The History of Discrimination in Integrative Health Care and What to Do About It" includes a presentation from RWG's James Whedon, DC on *Unwarranted Variation in Coverage for Integrative Healthcare Services*. Other speakers include PIHTA advisor Gerry Clum, DC.
- 14:00 - 17:00 - The National Center for Integrative Primary



INTEGRATIVE  
MEDICINE  
& HEALTH  
2016

Healthcare - Enhancing Interprofessional Integrative Health Education - Complimentary to All Attendees, Liza Goldblatt, Ben Kligler and 7 others

- 14:00 - 17:00 - "Policy and the Economics of Integrative Medicine" will be co-led by RWG member Patricia Herman, ND, PhD.
- 14:00 - 17:00 Meg Jordan, PhD with ACIH Associate Member California Institute of Integral Students is part of the panel "Mindfulness and Relational Neuroscience: The Real Foundation for Health Coaching."
- 18:30-20:00 Congress Welcome Reception

### Wednesday, May 18

- 10:45-12:00 - S02: Application of ACCAHC Competencies for Optimal Practice in Integrated Environments: Lessons." Belinda (Beau) Anderson, Liza Goldblatt, Stacy Gomes, Ben Kligler
- 12:00-13:30 - New Clinician Luncheon (Beth); New Educator Luncheon (Liza); New Health Policy Advocate Luncheon (Carla); New Investigator Luncheon (Jennifer, Deb)
- 17:30-19:00 - Poster Session 01 Reception: ACIH Hospital Based Massage Therapy (HBMT) "[Hospital Based Massage Therapy: Competencies and Standards of Practice](#)"
- 18:45 \*ACIH Gathering\* Meet at the HBMT poster and we will have a drink, and those that want to go out to dinner together can make arrangements to do so.

### Thursday, May 19

- 7:30-8:30 Continental Breakfast - ACIH Gathering (Invite all ACIH friends). Beth writes that she will "be at a table, so if you're interested in getting together with other ACIH folks, let's sit together - I know it's early!"
- 8:30 - Liza Goldblatt will be chairing plenary session 05 on Thursday, May 19 at 8:30 am. In addition, Liza will be introducing the plenary speaker Dr. Barbara Brandt, a national leader in IPE/CP.
- 15:15-16:15 - Concurrent Sessions: John Weeks Oral Abstract Session 10: "The Movement toward Values-Based Medicine and the Triple Aim: Is it Increasing Interest in Integrative Health Services.?" in Policy Implications of Integrative Medicine Research.

### Friday, May 20

- 10:30-12:00 - Concurrent Sessions: Patricia Herman: "Determining Appropriateness of Manipulation and Mobilization for Chronic Low Back and Cervical Pain in the Patient Centered Care Era"
- 14:00-15:00 - Concurrent Sessions: James Whedon *Who Needs Quality Measurement for Integrative Healthcare?* He speaks at 14:45.
- 16:35 - Final Plenary Session "Future Directions: Looking Forward Together" presentations by representatives from the Consortium, the Collaborative, the Academy, and IHPC

**National Center for Integrative Primary Healthcare (NCIPH) Publishes Competencies**



The Health Resources and Services Administration (HRSA) funded NCIPH has published [competencies](#) to support their mission. ACIH is involved through **Elizabeth A. Goldblatt, PhD, MPA/HA's** participation as a member of the \$1.8-million project's [Interprofessional Leadership Team](#), pictured. She has brought in ACIH teams of chiropractors, naturopathic doctors, acupuncture and Oriental medicine practitioners to inform the process. Their contributions can be accessed by [clicking here](#). The project is sponsored by the University of Arizona Center for Integrative Medicine and the Academic Consortium of Integrative Medicine and Health.

## Center for Optimal Integration PIHTA Site Includes Content on ND-Led and MD-Led Patient Centered Medical Homes via NABNE and Casey Partnerships

Partnerships in late 2015 from ACIH core member

**North American Board of Naturopathic Examiners (NABNE)** and the **Casey Health Institute** led to development of new resources on the [Project for Integrative Health and the Triple Aim \(PIHTA\)](#) site at the ACIH Center from Optimal Integration. The partnership funds were used in part, through a media partnership with The Integrator Blog and former ACIH executive director **John Weeks**, to develop portraits of three patient centered medical homes. These are the MD-led and Maryland-based Casey Health Institute



Christa Louise

and two, under the NABNE support, run by naturopathic physicians: the Oregon-based Center for Natural Medicine and the Vermont-based Mountain View Natural Medicine. These are found under [Integrative Centers with Status as PCMHs of FOHCs](#) (Federally Qualified Health Centers). A summary view of findings is found here [at the Huffington Post](#). Many thanks to long-time NABNE executive director and ACIH board member **Christa Louise, MS, PhD**, pictured, for her leadership in the NABNE grant.

## Welcome New ACIH Board Member: Stephanie Moonaz, PhD



Please join us in welcoming **Steffany Moonaz, PhD**, as the newest member of the ACIH Board of Directors. She currently serves as the Associate Academic Director of Integrative Health Sciences at the ACIH President's Level member **Maryland University of Integrative Health (MUIH)**. She is also Chair of the Institutional Review Board at MUIH and teaches in the nation's only Masters of Science in Yoga Therapy. Her research focuses on the role of yoga as a self-care practice for people living with rheumatic diseases such as rheumatoid arthritis, osteoarthritis, and lupus. While completing her

doctoral studies at the Johns Hopkins School of Public Health, Dr. Moonaz worked with an interdisciplinary team from the Johns Hopkins Arthritis Center to develop an 8-week yoga protocol for arthritic populations that is now the basis for continuing education programs taught to yoga professionals around the country. Dr. Moonaz specializes in behavior change, and on the role that individual self-care can play in the trajectory of health and quality of life. In the private sector, she developed and now directs a corporate health coaching program that has reached thousands of manufacturing employees across the country. Dr. Moonaz is an active member of the **International Association of Yoga Therapists** and provides yoga research consulting at the National Institutes of Health (NIH). Her research has been funded by NIH, the Arthritis Foundation, American College of Rheumatology, and Johns Hopkins University and she has received numerous awards for her research and scholarship.

## News from ACIH Leaders and Partner Organizations

ACIH chair **David O'Bryon, JD** was honored by the American Chiropractic Association for his significant contributions to the field of chiropractic and specifically, chiropractic education. O'Bryon has been a leader in that profession's work to open doors at the VA and elsewhere for chiropractic. An article on his honoring is [here](#) ...



David O'Bryon



Marcia Prenguber

Speaking of awards, long-time ACIH board member and Clinical Working Group co-chair **Marcia Prenguber, ND** will be honored with the Distinguished Alumna Award at University of Saint Joseph, in West Hartford, Connecticut. Prenguber, the current dean

of naturopathic medicine at the **University of Bridgeport**, will [receive the Mary Consulela Mulcahy Award](#) ... ACIH Sustaining Investor and Center investor, **Southern California University of Health Sciences**, will this fall become with first university in the integrative health field to offer an "integrative physician assistant" program. An article on the [development is here](#) ... Board member **Nicole Reding, MA, CPM, LPM**, has been elected to chair of the **Midwifery Education Accreditation Council** ...

ACIH Council of Advisors member **Ben Kligler, MD, MPH** has been named to a powerful new post for advancing integrative health and medicine. Kligler will be the National

Director of the Coordinating Council for Integrative Health of the US Veteran's Health Administration. The VA has an ambitious plan to roll out integrative services ... Former ACIH executive director and still member of the Global Forum team

**John Weeks** has been named Editor-in-Chief of the *Journal of Alternative and Complementary Medicine* ...



Ben Kligler

President's level member **Maryland University of Integrative Health** has announced a new provost and vice-president for academic affairs, [Christina Sax, PhD](#). Sax has more than 25 years of progressive experience as a researcher at NIH, and as an academic faculty member and administrator. MUIH has also announced a new [affiliation agreement with Johns Hopkins](#) ... While not directly members, three organizations related to ACIH fields have stepped into the opioid debate: AANP, ACA, and the ASA. [Information here](#) ... The Consortium (ACIMH) will present David M. Eisenberg, MD with the 2016 Bravewell Distinguished Service Award recipient. Eisenberg is lead author of the studies of use of "unconventional medicine" that opened the integrative era. Related [article here](#) ...

The Sustaining Investor level ACIH member **National College of Natural Medicine** has announced the formation of a [new Age Wise Institute](#) ... Liza Goldblatt calls attention to the



good work of NCIPE partner [Integrative Medicine Access](#) and its founder, **Myles Spar, MD**, to create a unique method to bring integrative services to the underserved. His not-for-profit, started up with funds received from his 2013 Bravewell Award, is asking planned for organizing the network and feeder streams are Los Angeles, Portland, Minneapolis

and New York.

## Opportunities, Announcements and Resources

**International Congress on Integrative Medicine and Health, May 17-20, 2016** Featured in the above article. ACIH is a partner organization for education and has representatives on the Program Committee. Over 1000 participants expected. [Website here](#).

**National Wellness Conference June 27-29, 2016** This from ACIH Associate Member **California Institute of Integrative Health's** and **Meg Jordan, PhD**, the co-president of the organization: "A favorite motto in this field comes from Don Ardell, author of *High Level Wellness*: 'Wellness should not be presented grimly.' If you'd like to experience what Don means, attend the leading conference in health promotion and wellness June 27-29 in St. Paul, MN. At the [National Wellness Conference](#), we pay attention to both professional development and personal enrichment and rejuvenation. In our efforts to bring theory-based methodologies and scientific evidence to programs and models, we often forget that fun and happiness can be the strongest drivers for people who want to move toward self-care and improved social, political, and environmental health. I'll be there in my role as Co-President. I hope to see you there and share in all the dimensions of wellness, including a robust initiative on diversity, inclusion and sustainability."

**National Center Summit on the Future of IPE, August 21-23, 2016**, Hilton Minneapolis. The National Center for Interprofessional Practice and Education will convene the [Inaugural Learning Together at the Nexus: National Center Summit on the Future of IPE](#), co-hosted by the American Interprofessional Health Collaborative (AIHC). The summit will foster a learning environment for participants to gain knowledge and skills for advancing the field of interprofessional practice and education (IPE), and provide participants the opportunity to learn in skills-based workshops while co-creating a roadmap to the ideal future of IPE during structured conversations. The National Center invites those who are dedicated to learning and advancing the field of IPE including practitioners, educators, scholars, funders and accreditors to attend. CE credit is available.

**All Together Better Health VIII: Values-Based Interprofessional Education and Practice, September 9-16, 2016** The 2016 [All Together Better Health VIII](#) conference will be held September 9-16, 2016 in Oxford, UK. All Together Better Health VIII 2016 will build on the content of previous ATBH conferences, reflecting the contemporary focus on improving health care for the population. The overarching theme will be Values-Based Practice which, with evidence-based practice, underpins balanced decision-making by health and social care teams and service users. At the very heart of values-based practice is interprofessional partnership, whereby people work effectively together contributing not only through their skills and experience but also through insights and values-based perspectives. The conference will be jointly hosted by CAIPE, Oxford Brookes University and Oxford University.

**Academy of Integrative Health and Medicine: People, Planet, Purpose, October 30-Nov 3** ACIH has partnered with the Academy, and ACIH Associate Member, on some projects. [Website is here.](#)

**Save the Date: World Congress on Integrative Medicine and Health, May 3-5, 2017** The Consortium is a co-sponsor, ACIH is an "Associated" partner, and Council of Advisers member Adi Haramati, PhD is a co-president. [Website is here.](#)

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