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COMPLEMENTARY AND ALTERNATIVE
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October 17, 2013

Collaborator #46: Focus on IOM Forum

Hello All - Last week ACCAHC chair Liza Goldblatt, PhD, MPA/HA and I attended the 4th workshop of the Institute of Medicine (IOM) [Global Forum on Innovation in Health Professional Education](#). At the workshop we received copies of the report from the May 2013 3rd workshop for which Liza served on the planning committee. This *Collaborator* shares how ACCAHC's and Liza's work are present in that report, and in the October 9-10 workshop session just completed. This is a bit of a celebration of our disciplines' presence in this Global Forum and of our successful insertion of our whole person, health-focused values. We also give thanks to our ACCAHC colleagues who substantively supported a role I was asked to play in the recent meeting. Enjoy - John Weeks, Executive Director



Note: **Opportunities and Announcements** are at the bottom of this report.

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IOM Report on *Transdisciplinary Professionalism in Health* Features ACCAHC Disciplines and Values

In January 2012, the ACCAHC Board chose to bite the bullet and come up with \$30,000 to be a sponsor of the 3-year IOM Global Forum. One mundane motivation: to *show up* and insert the ACCAHC disciplines into the most significant international dialogue among health professions leaders. Another motivation is sublime: ACCAHC's representatives were charged to highlight *whole person, health-focused, team-based values* in this dialogue. We were to urge the "innovation" of prioritizing proactively creating health rather than reactively managing disease as the outcomes of health professions' education.

ACCAHC has carried the message of a health focus in multiple ways. (See, for instance, the [IOM Member Spotlight on Goldblatt](#).) Now the report of the May 2013 workshop, [Establishing Transdisciplinary Professionalism for Improving Health Outcomes](#), broadcasts the ACCAHC values. Included is a chapter on "Health and Well-Being in Transdisciplinary Professionalism." Goldblatt co-authored the section with ACCAHC Council of Advisors member, and workshop speaker **Mary Jo Kreitzer, RN, PhD**. ACCAHC recommended the topic and Kreitzer as presenter. The values come through. For instance:

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- The ACCAHC fields "have more focus on the whole person and on health and wellness."
- The report notes that education in the licensed integrative health (ACCAHC) disciplines is more likely to focus on patients being "partners in healing" rather than as "passive recipients of care."
- The ACCAHC inclusion of a competency element related to self-care in the *Competencies for Optimal Practice in Integrated Environments* is noted.

The booklet is rich in thinking about an emerging era of "transdisciplinary" team care. It is available for download by [clicking here](#).



Liza with Forum co-chair Afaf Meleis

Guide to ACCAHC-Related Content in the IOM Workshop Report

I went through the report to find all of the places where ACCAHC or ACCAHC work is directly featured. Some may seem miniscule. All, however, are about being in the game as a contributing influence in the health professions dialogue and workforce.

-Copyright page, list of sponsors, ACCAHC, by alpha, is first.

-Pg v, Planning Committee Member, Elizabeth Goldblatt listed with ACCAHC affiliation

-Pg vi, List of Form Members, Elizabeth Goldblatt listed with ACCAHC affiliation

-Pg viii, List of Reviewers, John Weeks listed with ACCAHC affiliation

-Pg ix, Acknowledgements, Liza listed in bottom paragraph

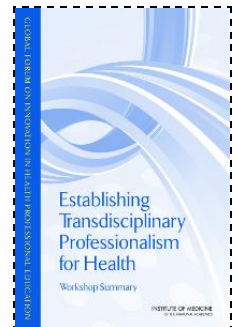
-Pg 2-3, first # under "Health Care Structure," John Weeks and ACCAHC mentioned, introducing the topic of popular demand shifting practice, a discussion in the first paragraph regarding consumers driving inclusion.

-Pg 5-3,4 Maryland University of Integrative Health student Eric Cohen, recruited through ACCAHC, in photo. (Note that his University affiliation for his "master's degree in nutrition and integrative health" is wrong and will be corrected in the final.) He speaks to the issues of "territory" as obstacle, and the importance of patient navigators in oncology.

- Pg 6-1,2,3 in Making It Real chapter, "Group 3: Health and Wellbeing" was created via Goldblatt and ACCAHC's work on the planning. Mary Jo Kreitzer, ACCAHC Council of Advisers member, is referenced. 6-2,3,4 is a chart that includes health and wellbeing content.

-Pg 6-5, 6-7, 6-8 "Health and Well-Being in Transdisciplinary Professionalism" inputs into discussion, from my material led by Kreitzer and co-developed by Goldblatt. Topics include self-care, self-awareness, "just culture" and the definition of "well-being."

- Pg II-21 through II-25, in the section called "Papers and Commentary from Speakers," the paper co-authored by Kreitzer and Goldblatt: "The Case for Integrative Health, Well-Being and Self-Care into Health Professional Education". The 5 licensed "CAM" fields all mentioned by name in the context of not being as



"hierarchical" and in training to work as "partners in healing" rather than as "passive recipients of care." Also noted (pg II-22) was that these fields "have more focus on the whole person and on health and wellness" then noting that explicit "self-care tends to be absent from or minimal in curricula as well."

- Pg II-24, in the context of the "Core Competencies for Interprofessional Collaborative Practice" the ACCAHC work on "identifying core competencies for practicing in an integrated environment" is referenced. ACCAHC's additional competency elements added are noted "including the ability to demonstrate personal behaviors and self-care practices that reflect optimal health and wellness." This leads into a discussion about adding such competencies, and what they would be. The ideal of teaching these in an interprofessional context is noted.

- Appendices, A-3, in Workshop Agenda, Goldblatt and Kreitzer's roles noted

- A-4, Kreitzer's "report back" on the health and well-being topic is noted.

- Speaker Bios, B-6, Goldblatt, featuring her ACCAHC role(s).

- Speaker Bios, B-8, Kreitzer, featuring her CAHCIM role.

ACCAHC Community Chips in to Support John Weeks Role in IOM Panel on Assessment

The IOM contacted me as the ACCAHC executive director late in the week prior to the October 9-10 workshop on Assessment in Health Professional Education to see if I wished to participate in a short panel. I explained that all I lacked was expertise in academics, and in assessment. Yet, because it was a chance to make our work visible, I volunteered to contact ACCAHC leaders for input and serve as best as I could to report what they shared. I was in two 10-minute segments with three other panelists: a leader of the Canadian interprofessional education collaborative, a representative of the American Medical Student Association, and a leader with the National Academy of Practice. I was able to share:

-The importance of clarifying desired educational outcomes prior to clarifying assessment strategic, together with ACCAHC's focus on *creating health* rather than disease procedures, and how this has been recently picked up by innovators at the Mayo Clinic.

-Use of simulations including Objective Structured Examination (OSCE) and Primary Intern Clinical Evaluation (PICE) at Canadian College of Naturopathic Medicine as shared by **Nick DeGroot, ND**.

- The general trend toward using simulations as shared by **David Wickes, DC**, from the University of Bridgeport.

-The systematic examination and re-formulation of institutional goals and outcomes to include the interprofessional competencies led by **Stacy Gomes, EdD** at Pacific College of Oriental Medicine.

- Use, by Bastyr University **Ryan Bradley, ND, MPH**, of the US Preventive Services Task Force 5-As (Assess, Advise, Agree, Assist, Arrange) as an assessment tool in clinical education to stimulate clinical care that focuses on fostering health habits.

-A tool called Readiness Assessment Test used by the Alliance of Midwifery Education's **Wendy Gordon, LM, MPH**, to successfully foster better team care.



Additional Contributors to the ACCAHC Contribution to the IOM Workshop on Assessment in Health Professional Education

Thanks to the following additional ACCAHC educators whose contributions I wasn't able to mention but who helped in my education prior to the panel. A rough overview of all suggestions is available by contacting jweeks@accahc.org.

Ezra Cohen, DC and Nick Chancellor, DC (National University of Health Sciences)
 Horace Elliott (National Board of Chiropractic Examiners)
 Adi Haramati, PhD (Georgetown University)
 Patricia Herman, ND, PhD (RAND Corporation)
 Martha Menard, PhD, CMT (Sigma Research)
 David O'Bryon, JD (Association of Chiropractic Colleges)
 Daniel Redwood, DC and Christina Nicholson (Cleveland)
 Mike Sackett, DC (Southern California University of Health Sciences)
 Jan Schwartz, MA (Education and Learning Solutions)
 Sandra Stewart (Midwifery Education and Accreditation Council)
 Mike Wiles, DC, MEd (Northwestern Health Sciences University)

Resource available: If you would like a summary of the resources and comments on assessment provided by ACCAHC leaders, contact jweeks@accahc.org.

New ACCAHC Community Sign-ups at the National Center for Interprofessional Practice and Education

The last Collaborator noted that seven individuals and three organizations had signed up to stay informed and participate in the US Health Resources Services Administration (HRSA)-backed [National Center for Interprofessional Practice and Education](http://nexusipe.org/home) (NCIPE - <http://nexusipe.org/home>). We are pleased to share these additional sign-ups from our community since highlighting this opportunity in the September *Collaborator*.

Individuals

Judi Broida, PhD (Maryland University of Integrative Health)
 Bevan Clare (Maryland University of Integrative Health)
 Gerald Clum, DC (The Octagon, Life University)
 Stan Dawson, DC (Alliance for Massage Therapy Education)
 Nancy Gahles, DC, CCH, CEO (Health & Harmony Wellness Education)
 Melissa Kimura, DC (Southern California University of Health Sciences)
 Laura Lamm, DC (University of Western States)
 Gloria Laura Lawrence (Dabney S. Lancaster CC Massage Therapy Program)
 Whitney Lowe, LMT (OMERI)

Valerie Razutis, DC (Southern California University of Health Sciences)
 Barb Findlay Reece, RN, BSN (ACCAHC)
 Beth Rosenthal, PhD, MBA, MPH (ACCAHC)
 Carolyn Tague, MA, CMT (California Pacific Center for Health and Healing/CWG)
 JoAnn Yanez, ND, MPH (Association of Accredited Naturopathic Medical Colleges)

Organizations

Association of Chiropractic Colleges

Present count: 21 individuals and 4 institutions and organizations. To participate, just go to the link above or [click here](#) and fill out the form. You can post as little or as much as you want, and participate as little or as much as you want.

Brief Notes on ACCAHC Activities

[ACCAHC's Facebook page](#), developed and managed by volunteer **Jan Schwartz, MA**, has pushed over 1000 "Likes" to 1056. Some individual posts have reached nearly 500 people. Thanks Jan! ... Please welcome **Parker University** to President's Level (\$1000) individual colleges membership in ACCAHC, a step taken by **Brian McAulay, PhD**, the institution's new president ... Credit **Gerry Clum, DC** of the Octagon Institute at Life University, for "carrying the water" for ACCAHC on a proposal to support the ACCAHC Project for Integrative Health and the Triple Aim ... Also present at the IOM workshop was **Bevan Clare**, as herbalist and nutritionist who is associate professor at ACCAHC member institution Maryland University of Integrative Health ... On that count, friend of ACCAHC **Jennifer Olejownik, PhD** is also assisting ACCAHC's work by putting a proposal in front of a prospective investor on our mission ... ACCAHC sent 4-page reports of activities to the boards of the **National Board of Chiropractic Examiners** and the **Midwifery Education Accreditation Council**. Contact jweeks@accahc.org if your organization's board would like a written ACCAHC update ...

An editor with Wiley publishers in the UK has requested a copy of the ACCAHC *Clinicians' and Educators' Desk Reference on the Licensed Complementary and Alternative Healthcare Professions* for an upcoming review in **Focus on Alternative and Complementary Therapies** ... **John Kepner**, executive director of International Association of Yoga Therapists thanked ACCAHC for the link to the "generous" sharing of **Kory Ward-Cook, PhD, MT (ASCP), CAE** who provided his organization credentialing information. ACCAHC executive committee member Ward-Cook is CEO of the ACCAHC member **National Certification Board for Acupuncture and Oriental Medicine** ... **Dan Redwood, DC** has chosen to step down from the ACCAHC Education Working Group, though he has and will continue to provide input on key ACCAHC topics ...

Notes on Activities of ACCAHC Activists and Member Organizations

The 27 years ACCAHC board member **Horace Elliott** spent with the National Board of Chiropractic Examiners will be honored in an October 30, 2013 event in Greeley, Colorado ... President's level individual college member **New York Chiropractic College** has [signed an articulation agreement](#) with Marist College that will allow Marist students to get a BS and a DC in 6 years instead of 7 ... **Dugald Seely, ND**, director of research at ACCAHC President's Level member **Canadian College of Naturopathic Medicine** has been selected one of [Ottawa's Top 25 People](#) ... Krista Miller with **Wellx**, a firm that invested in the 2012 Ambassadors training, reports that the start-up is working to perfect its wellness networking model in Portland, Oregon ...

Opportunities and Announcements

Previously Noted

Sign up individually or your institution/organization for the **National Center for Interprofessional Practice and Education**: [click here](#) and fill out the form

October 27-28 The second [National Student Conference on Integrative Medicine](#) (NSCIM), hosted by CAHCIM. Chicago.

October 29-31 The International Congress for Clinicians in Complementary and Integrative Medicine - www.icccim.org. Chicago. ACCAHC's Marcia prenguber, ND is on the program committee and John Weeks on two panels.

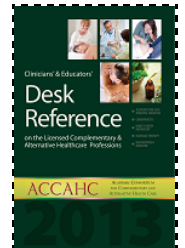
EXTENDED November 15, 2013 Abstracts due for the major [interprofessional education conference](#), All Together Better Health, to be held in Pittsburgh, June 6-8, 2014.

May 13-16, 2014 International Research Congress on Integrative Medicine and Health, sponsored by CAHCIM. Miami, Florida - www.ircimh.org

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The second edition of the ACCAHC Clinicians' and Educators' Desk Reference is now on sale! For more information, just click the image to the right!

All proceeds, beyond printing and handling costs, support the work of ACCAHC, a 501c3 charitable organization



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